


The logo consists of the letters 'S' and 'R' in a stylized, white, outlined font. The 'S' and 'R' are connected at the top and bottom, with a vertical line separating them in the middle.

SCARS REVERSE

TECHNIQUE BY

ANNA TSEBROVSKA

A portrait of a woman with long, wavy, blonde hair, smiling slightly and resting her chin on her hand. She is wearing a dark top. The background is dark.

Innovative Scars
Reversal Technique by
Dr. Anna Tsebrovska

A groundbreaking approach that uses positive and negative skin stimulation to regenerate fibrosis tissue and reverse scars and stretch marks.

Normalizes collagen deposition, and improves microcirculation, reconstructing the tissue and making it breathe again.

The logo for Innoaesthetics, featuring the letters 'i', 'n', and 'o' in a stylized, lowercase, white font. The 'i' and 'n' are connected, and the 'o' is separate.

INNOAESTHETICS

Anna Tsebrovska, MD
INNOAESTHETICS



Anna Tsebrovska, MD

PRESENTS

Scars Reverse Technique

Both scars and stretch marks are localized areas of fibrosis tissue. Treating this type of tissue poses one of the most formidable challenges for dermatologists or aesthetic doctors. Fibrosis tissue is characterized by excessive deposition of altered collagen types and other skin components, making the skin stiff. Moreover, it shows reduced microcirculation, limited oxygenation, and fewer hair follicles and sebum glands compared to healthy skin.

Effectively addressing scars and stretch marks requires a specialized approach to revive microcirculation and restore healthy skin microenvironment.

Dr. Anna Tsebrovska is the creator of *Scars Reverse Technique*, a groundbreaking approach that uses positive and negative skin stimulation to regenerate fibrosis tissue and reverse scars and stretch marks.

The key aspects of this technique are

1°

ENHANCE PATIENT CONFIDENCE

Dr. Tsebrovska emphasizes the psychological aspect as crucial for the healing process of any condition. Studies confirm that an optimistic patient experiences a faster and more effective healing process. Therefore, correcting the scar's appearance from the beginning and providing immediate visible improvement while tissue regeneration is in process is paramount. For this, she uses a specific HA filler with a precise crosslinking degree that allows both correct the scar appearance from the first session and enrich the tissues.

2°

ENRICH THE SKIN

POSITIVE STIMULATION

This involves applying a specific combination of healing ingredients, such as Nucleic Acids, to restore the physiological condition of the skin from within. This positive stimulation activates several biological mechanisms that gradually improve tissue microcirculation and promote tissue repair. The effects of this part of the treatment become noticeable after 38 days from the first session.

3°

CAUSE CONTROLLED DAMAGE

NEGATIVE SKIN STIMULATION

Negative stimulation entails inducing controlled skin damage to activate the skin's healing processes. This triggers cell turnover, enhances protein production, and promotes tissue regeneration. With an already enriched extracellular matrix, the regenerating effects are exceptional.

Benefits

This technique effectively rebalances scars tissue microenvironment, normalizes collagen deposition, and improves microcirculation, reconstructing the tissue and making it breathe again. The ultimate outcome is healthy skin tissue.

Indications

- Atrophic scars, including acne scars (boxcar, icepick, rolling)
- Hypertrophic scars
- Atrophic stretch mark

Products

Dr. Anna Tsebrovska combines these products in every session, gradually using less amount INNO-CE® MESHA® SCARS in every session.



INNO-TDS® DNA PEPT-HA

A highly reparative solution whose specific formula combines Nucleic Acids with key skin constituents to trigger the synthesis of proteins and repair damaged skin cells and tissue. It effectively boosts collagen synthesis and reconstructs the tissues.



INNO-CE® MESHA® SCARS

This HA filler has a very precise crosslinking degree that allows accurate integration in the scar tissue and is easy to mold. Made of Hyaluronic Acid, this filler not only corrects the scar's appearance, but it also allows the skin to absorb the needed amount of HA to enhance moisture and elasticity, helping to repair fibrosis.

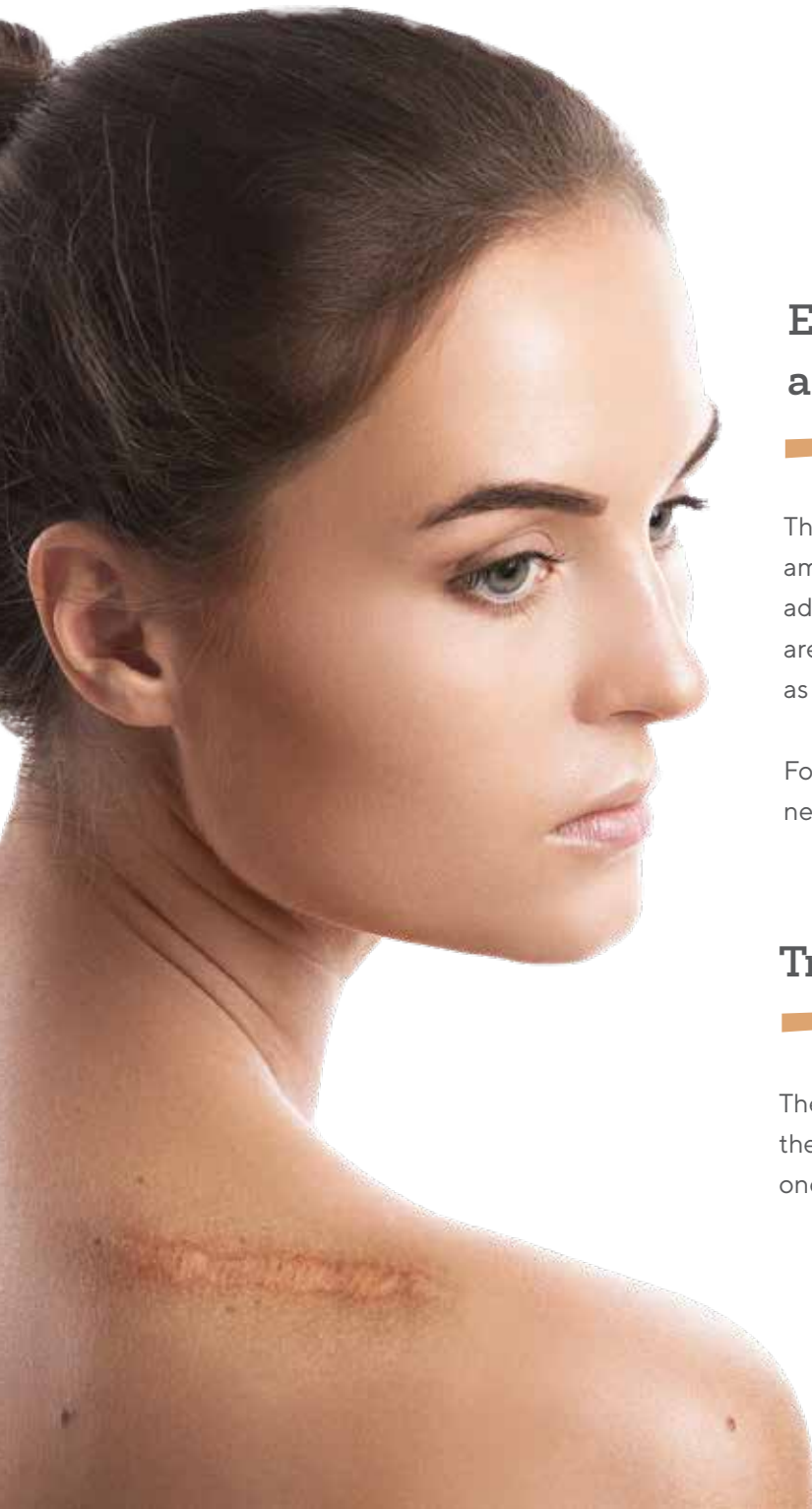


INNO-EXFO® SKIN RECOVERY

A medium deep peel with potent keratolytic action for controlled negative stimulation, leading to integral repair of damaged tissue.

Equipment required

- Micro-needling Derma-Pen
- 30 Needles



Evaluating the skin and Planning the treatment

The amount of product to use is determined by the amount of tissue to treat. The professional must address not only the scar but also the surrounding area, covering about 5 cm of the surrounding skin, as all skin cells are interconnected.

For acne scars, treating the entire face may be necessary to ensure an even complexion.

Treatment protocol

The treatment consists of 3 to 5 sessions based on the patient's needs, with each session performed at one-month interval.

Application protocol



See technique

PROFESSIONAL STEPS

This is the application protocol for every treatment session.



1st SKIN DISINFECTION

Cleanse and disinfect the treatment area.



2nd POSITIVE STIMULATION

Apply INNO-TDS® DNA PEPT-HA by micro needling (dermapen or dermaroller). Cover a large area, the affected tissue and the surrounding skin. For acne scars, use one vial to cover the entire face.



3rd SCAR CORRECTION

Inject the filler INNO-CE® MESHA® SCARS only on the scar area and gently massage to shape. The precise crosslinking degree of this product allows the fibrous tissue to absorb the needed amount of Hyaluronic Acid. Therefore, it not only improves the appearance of scars, but also nourishes fibrosis tissue, promoting skin healing and enhancing positive stimulation. The professional may apply INNO-CE® MESHA® SCARS in every session if needed, gradually, using less amount of product in every session, according on the patient's needs.



4th NEGATIVE STIMULATION

Finally, apply the chemical peel INNO-EXFO® SKIN RECOVERY. Cover a large area, the affected tissue and the surrounding skin. Let it act for 2 hours. The client can go home and wash it away after the two hours have passed.

* Redness on the treated area can be present up to 3 days after treatment.

HOMECARE STEPS



- The patient must wear sunscreen while under treatment and for a week after it at least.
- Using INNO-DERMA® Skin Repair at home twice a day is advisable as it enhances skin regeneration.

Results

ACNE

Patient with acne scars on face. Before and after pictures taken 90 days after the first session. The treatment involved 3 sessions.

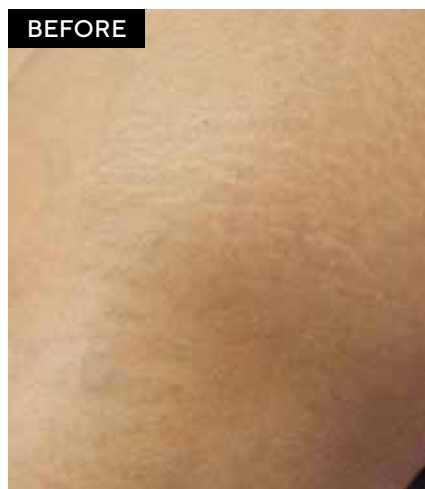


MARKS

Before and after pictures of a patient with stretch marks taken 90 days after the first session. The treatment involved 3 sessions.

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SCARS REVERSE
TECHNIQUE

Innovative technique of positive and negative stimulation of the skin to regenerate fibrous tissue and reverse scars and stretch marks.

by Anna Tsebrovska, MD



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