

ULTRA HYALUROLIFT

UH

TECHNIQUE

Uriel Hedding

Multilayer renewal
made simple
by **Dr. Uriel Hedding**

*“The UH technique biostimulates the skin
to improve its quality and appearance,
while also achieving a lifting effect.”*

Dr. Uriel Hedding

Immediate and long-
lasting lifting effect.

It firms and rejuvenates the face
without adding volume, respecting
the patient's natural features.

 INNOAESTHETICS

Dr. Uriel Hedding
INNOAESTHETICS



Dr. Uriel Hedding presents Ultra Hyalurolift Technique

UH Technique™ (Ultra Hyalurolift) has been specially designed to biostimulate the skin and provide an immediate and long-lasting lifting effect.

It involves the administration of non-crosslinked hyaluronic acid of two molecular weights into the adjacent layers of the dermis, stimulating multilayer tissue regeneration. It is applied in safe zones, around ligaments to support and elevate them, achieving a natural lifting effect.

Dr. Uriel Hedding, creator of the Ultra Hyalurolift technique, is originally from Mexico. He has a long-standing career in aesthetic medicine and is internationally recognized. He is an expert in topographical anatomy for injectables and a pioneer in the field of skin biostimulation. Since 2015, he has been using his expertise to develop rejuvenation methods that stimulate tissues and deliver a natural appearance without altering facial volume. He currently combines clinical practice with teaching and is a speaker at prestigious congresses such as IMCAS.

Indications

- Signs of aging from premature to severe.
- Facial sagging.
- Adults over 35 years of age.

Treatment protocol

GLOGAU scale from I to III



GLOGAU scale from IV to VI



Product

INNO-CE® **BI-DENS®** 2.5



It is composed of stabilized, non-crosslinked hyaluronic acid, **INNO-CE® BI-DENS 2.5** stands out for its unique combination of two molecular weights: 1.8 MDa and 4 MDa. When administered following the UH Technique™ guidelines, this product provides structural support to facial ligaments, helping to lift tissues and counteract sagging. Additionally, it stimulates natural biological processes that enhance fibroblast activity and promote collagen production

The specific characteristics of this product make it the perfect candidate for this technique.

1.8 MDa HA deeply biostimulates the skin, increasing density and improving quality and appearance.

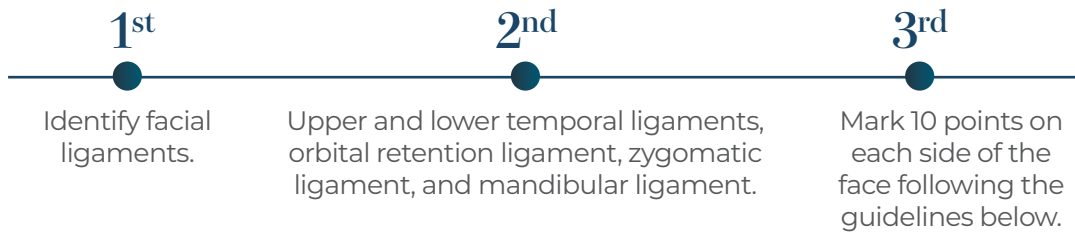
4 MDa HA applies pressure on ligaments, providing an immediate lifting effect.

Required equipment

- **INNO-CE® BI-DENS 2.5**
(pre-filled 3 ml glass syringe).
- Gloves.
- Dermal marker.
- Flexible ruler.



Marking



There are two technique variants depending on temple volume.

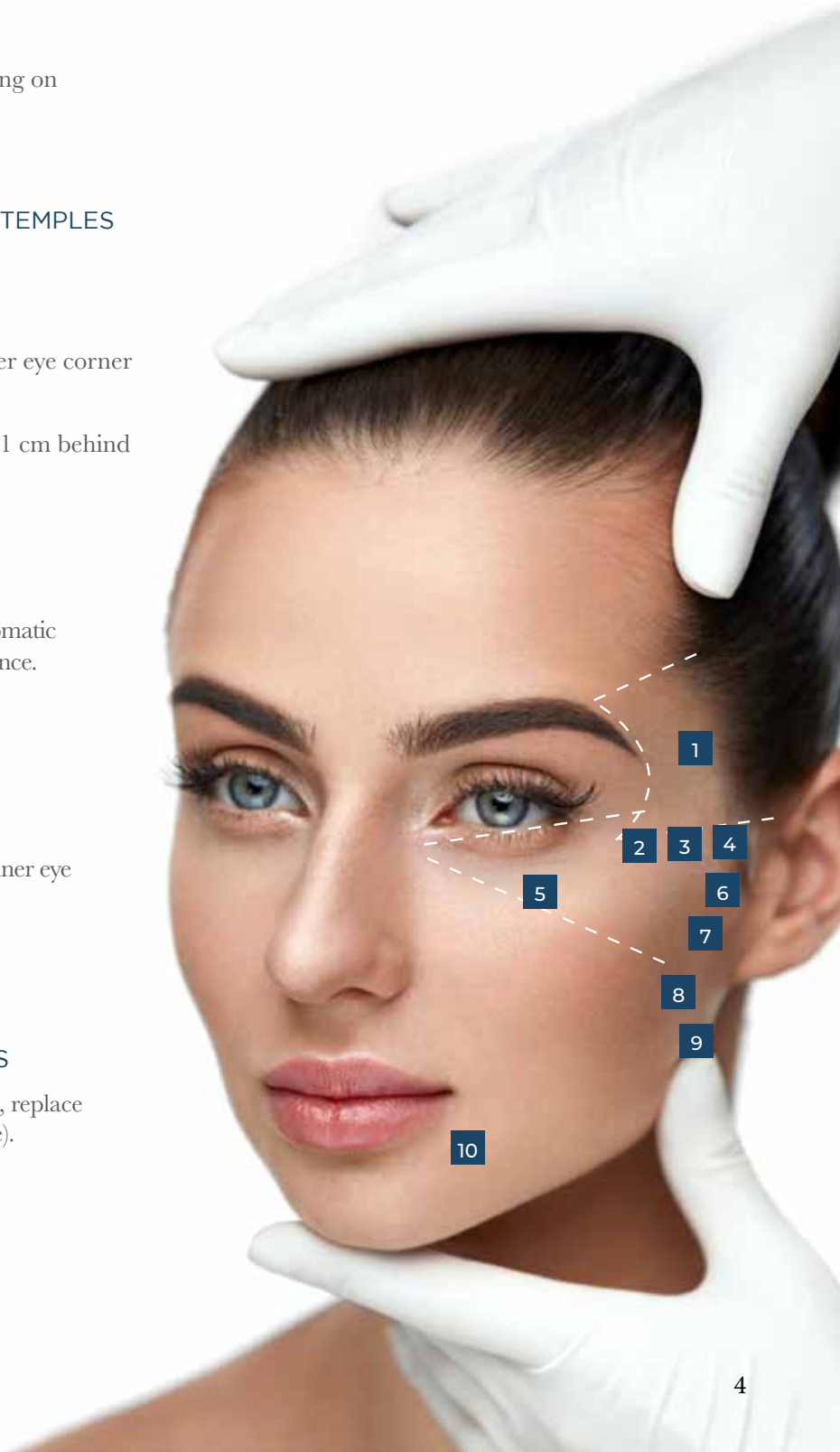
PATIENT WITH VOLUME DEFICIT IN TEMPLES

Injection points per side:

- 1 2 cm lateral and 2 cm above the outer eye corner (center of the temporal fossa).
- 2 Below the lower temporal ligament, 1 cm behind the zygomatic prominence.
- 3 1 cm behind point 2.
- 4 1 cm behind point 3.
- 5 Between the orbital retention and zygomatic ligaments, past the zygomatic prominence.
- 6 1.5 cm in front of the tragus.
- 7 1 cm below point 6.
- 8 At the gonion.
- 9 On the diagonal line from gonion to inner eye corner, 1 cm below point 8.
- 10 0.5 cm below the oral commissure.

PATIENT WITH VOLUME IN TEMPLES

If the patient presents volume in the temples, replace Point 1 with a final point at the chin (per side).



Application technique

Inject 0.15 ml per point slowly, in the very superficial subdermal tissue at a depth of 4–5 mm.

The syringe is calibrated in 10 divisions of 0.3 ml; inject half a division per point.

This technique seeks placing the HA in layers adjacent to the dermis to stimulate multilayer regeneration and a lifting effect. It is perfor-

med in anatomically safe areas (regarding vascular and nerve paths).

Local anesthesia is not required, as discomfort is minimal.

Use a total of 3 ml per face, with 1.5 ml applied to each side.



See technique



Benefits

- Multilayer facial restructuring (keratinocytes, fat pads, ligaments, and muscles).
- Ligament repositioning with lifting effect.
- Biomodulatory effect that stimulates collagen production, tissue repair and revitalization.
- Immediate and long-lasting facial rejuvenation.

The effects of UH Technique™ last approximately 6 months and can be cumulative with biannual repetition.

Before and After

- Enhanced jawline definition.
- Significant lifting effect.
- Redefined facial contours.



- Improved contour definition.
- Enhanced skin firmness and elasticity.
- Smoother skin.

- Visible lifting effect.
- Improved texture and tone





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06.2025 ENG